

Dear Parent/Guardian,

Welcome to St. Mary's School!

Below are listed some of the health requirements that need to be taken care of before your child can attend class.

*** Physical & Dental Exams**

Nebraska state laws requires that children entering kindergarten, 7th Grade, and students transferring from outside the state of Nebraska receive a physical exam in the six months prior to the start of school. Dental exams are also recommended.

*** Vision Evaluation**

Nebraska State Statute requires students entering kindergarten, and students transferring from outside the state of Nebraska to provide evidence of vision evaluation within six months prior to entry. The evaluation may be performed by a physician, physician assistant, advanced practice registered nurse, or vision professional (optometrist or ophthalmologist). Please note that this exam must include documentation for amblyopia, strabismus, internal/external eye health, and visual acuity.

*** Immunizations**

The following immunizations are required by state law before a child can attend classes.

3 doses of DtaP, DTP, DT or Td with at least one dose at or after 4 years of age

3 doses of polio vaccine

2 doses of MMR with the first dose at or after 12 months of age and the 2nd dose separated by a minimum of 28 days.

3 doses of Hepatitis B vaccine

2 doses of Varicella (Chicken Pox) vaccine with the first dose given on or after 12 months of age and the second dose separated by a minimum of 28 days. Written documentation of varicella disease including month and year from parent/guardian or health care provider will also be accepted.

Students entering 7th grade only need one dose of Tdap (must contain pertussis booster to prevent "whooping cough"). This immunization can be received anytime after 10 years of age.

Review your child's immunization record with your health care provider to assure compliance with State law and protection for your child. This information must be returned to school before your student may attend classes.

If you have any questions, I can be reached through the school office.

Sincerely,

Bridgette Laney RN, BSN
School Nurse
CHI Health
Midlands Hospital